

Keeping Children Safe: Rest Time

As a trainer or coach, you are responsible for ensuring that staff members keep children safe at all times—even while the children sleep. Read the following scenarios. Then write what you would do to support staff in each situation.

You are in a planning meeting with Sonya. Her co-teacher, Patrice, is supervising their class of preschool children during rest time. You receive a call in the office that one of Sonya’s preschoolers, Dante, has vomited in the classroom and is still quite ill.

1. What should you and Sonya do?
2. What should Patrice do to keep Dante and the other children safe?

While covering for a caregiver in an infant classroom, you notice one of the other staff members placing an infant in a crib on his belly. When you respond, the staff member says, “Trevor’s mom wants him to sleep on his belly. Every one of my kids slept on their tummies, too. They all survived.”

3. What would you say and do?

When you walk by one of your infant classrooms, you see several children asleep outside of cribs. Jonathan is asleep in the infant swing. Carmen is asleep under a play gym.

4. Are the staff members following safe sleep practices?

5. What do you say and do?