

## Resources

Explore the resources below for ideas to support the physical development of the children in your program. Reflect on ideas you might have about coordinating and connecting with staff, families, and community liaisons.

### **Centers for Disease Control and Prevention**

Facts about Developmental Disabilities

<https://www.cdc.gov/ncbddd/developmentaldisabilities/facts.html>

### **Head Start Early Childhood Learning & Knowledge Center**

Perceptual, Motor, and Physical Development

<https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/perceptual-motor-physical-development>

### **Kids Health**

<https://kidshealth.org/en/parents/exercise.html#catfeelings>

### **Scholastic**

<https://www.scholastic.com/teachers/articles/teaching-content/ages-stages-how-children-develop-motor-skills/>

### **Head Start Center for Inclusion Teacher Tools**

<http://depts.washington.edu/hscenter/teacher-tools#visual>

### **Sensory Processing Disorder Foundation**

<http://www.spdfoundation.net/about-sensory-processing-disorder.html>

### **National Institute of Neurological Disorders and Stroke: Cerebral Palsy**

[http://www.ninds.nih.gov/disorders/cerebral\\_palsy/cerebral\\_palsy.htm](http://www.ninds.nih.gov/disorders/cerebral_palsy/cerebral_palsy.htm)

### **National Institute of Mental Health: Attention Deficit Hyperactivity Disorder (ADHD)**

<http://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml>

### **Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)**

<https://chadd.org/for-parents/overview/>