

Cognitive Developmental Milestones: Infants

2 months	4 months	6 months	9 months	12 months	15 months
<ul style="list-style-type: none"> • Pays attention to faces • Begins to follow things with eyes • Looks at or watches a toy for short periods of time 	<ul style="list-style-type: none"> • Reacts to seeing breast or bottle when hungry • Shows interest in their own hands • Follows toy from side to side or up and down with eyes and sometimes by turning their head • Waves arms at toys 	<ul style="list-style-type: none"> • Closes lips or pushes bottle or breast away when finished eating • Brings things to mouth • Shows curiosity about and reaches to get things of interest • Begins to pass things from one hand to another 	<ul style="list-style-type: none"> • Engages in social games like peek-a-boo • Tries to get a toy that is out of reach • Bangs a toy on a table or the floor • Holds a toy in each hand at the same time; may try to bang toys together 	<ul style="list-style-type: none"> • Explores things in different ways like shaking, banging, throwing • Finds hidden things easily • Puts things in a container, takes things out of a container • Copies gestures like waving bye-bye • Understands the word “no” and may pause briefly or stop • Bangs two things together 	<ul style="list-style-type: none"> • Starts to use things correctly (like drinking from a cup, brushing hair) • Stacks two or more blocks • Looks at the right picture or thing when it is named • Drops two small objects into a container one right after the other • Scribbles on paper with a crayon after watching an adult

Cognitive Developmental Milestones: Toddlers

18 months	24 months	30 months	36 months
<ul style="list-style-type: none"> • Knows what ordinary things are; for example, telephone, brush, spoon • Points to get the attention of others • Shows interest in copying simple chores like sweeping or wiping the table • Can follow one-step verbal commands without any gestures; for example, sits when you say “sit down” • Scribbles on own 	<ul style="list-style-type: none"> • Uses one hand to hold a container while the other hand removes the lid • Plays with multiple toys at the same time • Points to several body parts when asked to identify • Uses knobs, buttons, and switches • Builds towers of four or more blocks 	<ul style="list-style-type: none"> • Pretends objects are something else like a bowl as a hat. • Uses simple problem-solving skills • Follows two-step directions like, “Pick up your shoes and put them in the closet” • Identifies one or more colors • Describes a drawing, even if just a scribble • Points to self in mirror when asked “where is (child’s name)” 	<ul style="list-style-type: none"> • Draws a line or circle once shown • Identifies actions in picture books (eating, sleeping, playing) • Strings items onto string or shoelace • Avoids touching hot objects after a warning • Puts on loose clothing independently • Screws and unscrews jar lids or turns door handles • Builds towers of more than six blocks